

## EXPERT PROFILE

# DR MAURICE DRAY

Dr Maurice Dray is a French dermatologist and gerontologist with over twenty-five years experience. He is a pioneer of cosmetic medicine with clinics in Paris and London.

In Dr Dray's lip treatment soft, natural hyaluronic gel is injected into the lips using an electronic syringe to give deep hydration, resulting in fuller, natural-looking lips.

The Ten-Minute Facelift is one of his most popular treatments. This is a non-invasive alternative to surgery, in particular firming the jawline and guarding against the development of jowls. The emphasis is on creating a subtle, fresh look and its many fans claim it keeps them looking younger longer. It is recommended from the age of thirty onwards.

The treatment begins with a fruit scrub and peel to remove any dead skin cells, followed by mesotherapy to hydrate skin and give it a vitamin boost, stimulating fibroblasts. Elastin, minerals, multivitamins and hyaluronic acid are injected in tiny pinpricks all over the face. Then the facelift proper begins.

Micro-particles of man-made chemicals called biphasic tricalcium phosphates (BTCPs) which are commonly used in dental powders, antacids and calcium supplements, are combined with hyaluronic acid gel and vitamins and injected under the chin, along the jawline and into the nasolabial, or marionette, lines. A syringe is used for the injections which take around ten minutes. Despite the use of anaesthetic cream, it has to be said they are painful. A deep, intense massage follows to make sure the fillers are evenly absorbed.

Using icepacks afterwards can help with any bruises, which should disappear completely in about a week, although they are easy to camouflage. There will be some immediate improvement to the skin as the hyaluronic acid takes effect, hydrating and plumping it.

The real results take up to eight weeks to show and last between ten and fifteen months. The BTCPs and hyaluronic acid biodegrade over time and collagen fibres develop, restoring volume and elasticity. Dr Dray recommends a course of three treatments six to eight months apart for maximum effect.



COST: £300 FOR LIP TREATMENT; £400 FOR 10-MINUTE FACELIFT.