

## **BEST FOR FILLERS**

DR DANIEL SISTER
COSMETIC DOCTOR
Sister is known as Dr Dracula on account of his hugely popular PRP
(platelet-rich plasma) therapy, which uses stem cells extracted from your own blood to rejuvenate your face. Most recently, he has adapted this to tackle wrinkly cleavages and crinkly post-pregnancy tummies. He's also offering new hormone-rebalancing therapies. These aim to fine-tune women's hormones with a series of blood tests (yes — more bloodsucking), from which he prescribes a

bespoke blend of bioidentical, herbal or traditional hormones depending on the individual. Book in advance to avoid disappointment, as there's an abnormally high body count of hedgefund wives and supermodels waiting to give blood.

Consultation, £120; Dracula therapy, from £550; Botox, from £230; fillers, from £420 (beautyworkswest.com or 020 7221 2248).

## DR MICHAEL PRAGER

The celebrity stampede to Prager's door continues apace; as well as artfully placed Botox, his new Combination 'facials' are going down a treat. A medley of microBIOSTIMULATION IS A MUST FOR PARTY ANIMALS. IT VAPORISES DARK CIRCLES BEFORE YOU CAN SAY HELLO TO YOUR HANGOVER

needling and light acid peels rounded off with a spot of mesotherapy – tiny injections of filler, vitamins, minerals and a few secret ingredients – it gives the kind of immediate glow that would put the Ready Brek kid to shame. Dr Prager is also championing Amalian (a new filler from Germany), which he uses in minuscule amounts to lift cheeks without making them look swollen.

Consultation, £200 (redeemable against treatment); Botox, from £440; Amalian, from £490 (drpragerclinic.com or 020 7323 3660).

## DR MAURICE DRAY

COSMETIC DOCTOR

A Frenchman with a British sense of humour (he even loves fancy-dress parties), Dr Dray is an anti-ageing doc extraordinaire, most famous for his mesotherapy. His latest treatment, Biostimulation, is a must for all breeds of party animal, as it vaporises dark circles before you can say hello to your hangover. There's also a bespoke wrinkle-smoothing service, mixing and matching fillers to specific needs. He is a genius at getting rid of smokers' lines around the mouth using tiny pinpricks of Restylane to elevate fine lines rather than fill them, thus avoiding trout pout. Consultation, free; Biostimulation, from £600; fillers, from £350 (drdray.co.uk or 020 7937 1031).

## DR TRACY MOUNTFORD

COSMETIC DOCTOR

Based in a state-of-the-art clinic in Stoke Poges, Mountford administers flawless fillers that are the answer for those not quite ready for a facelift but desperate for some serious results. She skilfully recontours faces - no weirdness, just a big dose of wonderful - and has a 3D approach that looks at the whole visage. Cheeks flatten as we age, so she aims to very softly bring volume up with minimum puff. She can tweak thin mouths with Restylane Lip Refresh, gently injecting the superfine gel to hydrate the lip from within. Hapless husbands are often dispatched to her for some light Botox on the brow. Apparently it instantly sorts out cragginess and makes them look less cross.

Consultation, £120; 3D facial contouring, from £850; Restylane Lip Refresh, from £250 (cosmeticskinclinic.com or 01753 646660). ▷