

THE MESOLIFT and the non-surgical 10 minute facelift!



Dr. Maurice Dray
www.drdray.co.uk

Insight discovered an amazing alternative to a facelift with no surgery, no hiding, no healing, noticeable results and for a fraction of the price.

Insight met Dr. Maurice Dray who shared with us the fact that our favourite Turkish, Syrian, Lebanese and a few Egyptian actors and actresses are simply some of his regular clientele. Dr. Dray is one of France's leading cosmetic doctors operating from Paris and London's Kensington, where *Insight* went to meet with him. With a lot of charisma, a bit of broken Arabic and a gorgeous French assistant, we started with a discussion on the political situation in the region and moved on into beauty and skin care issues.

Mesotherapy:

Dr. Dray is the founder of the Mesolift procedure, a non-surgical treatment that hydrates skin and encourages the natural production of collagen. Mesotherapy is recommended to revitalise and hydrate dull, tired skin and plump sagging tissue; it involves shooting a cocktail of anti-aging products such as amino acids, copper and zinc vitamins and hyaluronic acid into the skin with a microinjection gun to stimulate collagen production. In easier terms, it is a cocktail of vitamin injections that give you a healthy glow. The idea is to directly feed your epidermis with all the nutrients it needs so it can perform better.

Yours truly decided to be brave and give it a go; it is just vitamins after all! The pain? Not much - and I'm one who cringes when I pluck my eye brows! It was like being pin pricked. The effect? Beautifully luminous, plump skin that looks and feels refreshed and healthy. The only side effect was a headache the next morning but that might have been from the filler injections or the BTCPS! Nevertheless, I could immediately feel and see a difference. I also had some discolouration on the left cheek that miraculously vanished!

Dr. Dray also performs a unique Mesohair treatment for thinning hair. It uses painless scalp micro-injections of minerals, vitamins and DHT blockers (the hormone that causes hair loss) to increase circulation to the scalp and stimulate hair follicles. After a few sessions, hair looks thicker and lustrous. We saw pictures of the amazing results and would recommend the treatment to those who need it.

The 10-minute facelift:

Call me sceptical, but after reading in a famous British magazine that a ten minute facelift existed - I had to find out for myself. The procedure is known to increase the skin's collagen fibres resulting in a smooth radiant complexion and a lift to the face that can be seen almost immediately. It involves injections of biphasic tri-calcium phosphates (BTCPS), a new biodegradable agent composed of phosphate and calcium ions suspended in hyaluronic acid, to create a facelift effect. These were deeper injections and would have hurt had he not been really fast or if my face wasn't covered with anaesthetic cream. I had already warned everyone that I have a very low threshold for pain.

BTCPS is found naturally in our bones and teeth and are used most commonly in dental implants and bone grafts for their ability to help bond tissue to bone. When injected deep into the lower face area, they shorten the fibres in the soft tissue to give a tightening effect. They are also powerful collagen stimulators. Within six weeks, the full effect appears with new tissue, an increase in collagen fibres and an improvement in elasticity that lasts up to 15 months. The effect is subtle and very natural.

For the forehead and the fine lines around the eyes, Dr. Dray uses the latest fillers, including Glytone (with no bruising effect) plus the very latest Fraxel Restore laser to deal with sun damage, redness, age spots and acne scars. The new laser is top notch when it comes to the elasticity of the skin and in particular the saggy neck, arms, belly and scarring. It is also great for the face and hands. It is better than Botox because the area is refreshed instead of becoming frozen. And because it is achieved with fillers, it will last twice as long. Recovery time is a couple of days and you feel refreshed and look glowy.

Chapeaux to Dr. Dray and his team. It was the least invasive treatment ever with the best results yet. No fussing, no delays, no scarring, no bruising. Just little discomfort but he is fast, funny and very competent. And even though this procedure should last you a good six months, but a visit every couple of months for some Meso love is not a bad idea. The Meso-lift costs as much as some of those over-priced facial creams out there but feels a lot better and shows immediate results. We recommend at least that part of the treatment next time you are shopping near Kensington and we guarantee you will be a happier shopper.

