

THE UK'S NO.1 BEST-SELLING BRIDAL MAGAZINE

CONDÉ NAST

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GLAMOUR
AND
VOGUE

Look what
we found!

853 STYLE HITS

- DETAILS TO
BUY OR MAKE
- YOUR WEDDING
WEEK WARDROBE
- 101 IDEAS
FOR MUMS
- THE ALL-NEW
TIARAS

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think of your wedding*

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the dress
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REAL BRIDES SHOW
YOU HOW TO SHOP

MONEY SEX + MARRIAGE

*(Get all 3
just right)*

Beyond beautiful
ACCESSORIES...



GLOWGIVER

Get ready to face the big day with a fresh confidence, thanks to the innovative non-invasive treatments of Parisian-favourite Dr Dray



Q&A

What treatments are the most popular with brides and mother-of-the-brides in the run up to the big day?

Our favourite treatment for both mothers and brides is the mesolift, and for mothers, the 10-minute facial. Both are completely scalpel free and quick – so you can have them in your lunch hour and see instant results.

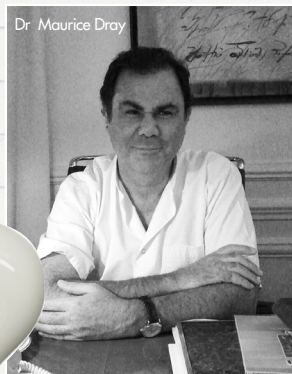
Can treatments be customised to each bride's or mother's needs?

Of course! Before each treatment, we have a careful evaluation of each client's skin and facial concerns so that we can treat accordingly to get the results they are looking for.

Are there any other treatments you would suggest to have before the wedding day?

We also do soft peels for a needle-free glow, as well as use lasers to remove fine lines and sunspots. We also have non-invasive slimming treatments which use infra-red to destroy fat cells.

Dr. Maurice Dray



Another of Dr Dray's skincare secrets is French brand Huiles & Baumes, which he sells in his London and Paris clinics. The soothing day cream is a deeply healing and refreshing essential

Ready, set, glow

The name on the lips – and cheekbones and jaw-lines – of every Parisian woman in the know, French dermatologist Dr Dray is famed for his non-invasive approach to giving skin back that youthful glow and lift. This in-demand doctor has a London home at his high-tech clinic in Kensington, as well as outposts in Paris, Madrid, Barcelona and Dallas. So for a subtle skin refresh before the big day, there's only one number you need on speed-dial. For more information and to book a treatment visit clinicdray.com or call 020 7937 1031.

10 MIN FACIAL

The mother-of-the-bride secret weapon, the revolutionary 10-minute facial is a unique scalpel-free treatment that lifts the whole face. Here comes the science bit... Dr Dray injects a magic gel called BTCP – a natural substance that contains calcium ions suspended in a hyaluronic acid – into areas of the face customised to your particular concerns. This creates a stimulation of the skin cells and its collagen fibres, lifting sagging skin and tightening jaw lines. A lift to the face can be seen almost immediately, but the best results come four-six weeks after as new tissue, an increase in collagen fibres and improved elasticity appear for a more youthful-look.

Mesolift marvel

Invented by Dr Dray himself 25 years ago, the mesolift is now famed worldwide for its instant glow-giving and freshening abilities. Not a filler, but a series of microinjections across the face containing a cocktail of vitamins, minerals, hyaluronic acid and plant elastine that brighten and freshen the skin. Kick start your glow with two treatments a week apart. It takes only 20-minutes and leaves no marks so you can have a treatment during your lunch hour and come out looking instantly more radiant.

8 weeks before

For slimming treatments you need to have around 5 sessions before the big day so start 6-8 weeks before

4 weeks before

For both the Mesolift and the 10-minute facial have a treatment around 4 weeks before

2 weeks before

Results for the Mesolift last for around 4 months, and the 10 minute facial 15 months, so you don't need to worry about results fading

BIG DAY

TREATMENT DAY

TREATMENT TIMELINE

WEDDING DAY